

NAME OF THE PROJECT: Back-up for Kalyania's Two Social Commitments thru *Sevika Training for Home Nursing and Primary Education for Adolescent Women and Children respectively of Slums around Kalyani*

[A Project submitted to Asha for Education, Atlanta Chapter, USA for consideration and approval]

1.1. IMPLEMENTING AGENCY: Kalyania

Name & Address: Kalyania (A Registered Charitable Society),
B-1/275 Kalyani, Nadia, W.B.-741235
Web: www.kalaynia.org

1.2. Project Co-coordinators:

- (1) Dr. Partha Pratim Dhar, Secretary, Kalyania
B-1/275 Kalyani, W.B. 741235, India
+91-(33) 25820741/0318.
Mob: 9231343543.
E. Mail: ppdhar_kalyania@yahoo.co.in/ngokalyania@gmail.com
- (2) Dr Chitreshwar Sen, Vice President, Kalyania
B-1/56 Kalyani, W.B.-741235
+91-(33) 25828297/Mob: 09331090777
E-Mail: cse123@gmail.com

1.3. Project Duration: Two to three years initially starting from FY-April, 2014

1.4. A brief description of the work of the organization & approach:

1.4.1. Background:

- For some of us who lived in Kalyani and established ourselves, Kalyani, an otherwise beautiful well laid out town was pock-marked with slum dwellers all around - an offshoot of Bangla Desh related migration problems. Many of the later migrants remained uncared for, living in roadside and riverside shanties with no availability of civic amenities of the town, no education motivation for their children as every member, child or grown up had to look for transient food sources. The parents lacked awareness in birth control, child health care, hygiene and had little time to think about the luxury of their children's education. Then there are the women folk who had little option of earning other than as unskilled household maids or failing that, adopting the World's oldest profession.
- Finally, the town being largely residential, had an increasing population of gerontologically advanced seniors who needed especial care with love as in many cases their children were working in distant pastures.

- With these divergent sections of society in view a group of people consisting largely of Doctors, University Professors and retired execs established the Kalyania Society in 1998 with the objective of providing succor to those who need them most. Since then it has grown involving a good section of like-minded persons – young, middle aged and old.

1.4.2. Key Objectives of the Group:

The key objectives are:

- Health care for children, women, the old in the identified communities deprived financially, psychologically or both;
- A life support system for the gerentologically advanced
- A strong health care for the outreach where the public sector health care module is unable to reach.
- Epilepsy Club for holistic attention to the epileptics, reaching beyond the command area
- Holistic *education* for deprived children living by the river bank or ghettos.
- *Empowerment of women and children through non-formal and vocational education and training.*

THIS PROJECT EMPHASIZES ON THE LAST OF THESE OBJECTIVES.

1.3.3. Introduction to the proposal:

We felt increasingly that while attending to health was cardinal to better living, this alone will not render these people 'free' of their predicament. There was a need to change their attitude towards life and its expectations through a holistic change in the mind set.

Given their life style – manual labour the whole day for a paltry sum - led to dependence on booze and women in the evenings, leading to very little to feed the family members or provide for the bare essentials. Increasing or supplementing the income for the family could only be achieved through empowering the women to supplement the family earning through vocational training. The most apparent agenda, for a low level of education, was to train them to be so called 'ayahs', for taking care of the old in the mainstream of the Society who needed care or they could take care of the children of the working women. Subsequently, we found that a modified training in 'Home Nursing' – A combi of management of both the Home and the attendant – was meaningful and the syllabi modified accordingly.

The children were growing up in an unhealthy atmosphere, bereft of any kind of schooling, leading to physical and mental trauma. They needed to be absorbed into a regular system where, while they learn, they also realize that there is another and better World ahead if you try. They needed to be guided and shown the path to better living and this had to start from their childhood thru adolescence to adulthood for a healthy mind set.

Suhasini Shishu Niketan was started in 2003 with six children and one voluntary teacher. The School has since grown into a second major activity of Kalyania with 90 students, both male and female, and 11 teachers. It now includes under its ambit

- The Primary School –
 - Suhasini Shishu Niketan
 - The Computer Training Centre
 - School of Art & Drawing
 - School of Performing Arts
 - School of Vocational Training
 - A well stacked Library.

The details can be viewed in the already submitted Annual Reports of the Society (Last report attached) and our website at www.kalyania.org.

2.1. The Proposal:

2.1.1. Name of the programme: HOPE: TOTAL

2.1.2. Goal: *To holistically reverse the lifestyle of a target population living in ghettos around Kalyani so that they become part of the mainstream through a totalistic approach.*

2.2.1. Sevika Training: This training module for adult/adolescent women folk, most successful, is increasing in demand temporarily. The Project is sponsor-dependent and training is imparted whenever sufficient funds are available. Last year there was no fund available. Usually 15-20 candidates who fulfill the requirements are accommodated for one course (session). The Sevikas are in demand for taking care of a new-born child or gerontologically advanced persons.

2.2.2. Primary Education: We realized early the need for training the children through a schooling process to inculcate a sense of discipline and purpose in their lives. Unless these children grow up as decent responsible citizens, all other efforts will end up as a patch-work quilt. The School has grown now and thanks to financial support from Asha for Education, Atlanta Chapter for nearly three years in the past and liberal donations from Mr. Sailendra Kumar Roy a senior resident of Kalyani and Governing Body member, we are largely successful in our endeavor to make the pupil a very happy and disciplined lot who are doing well when they pass out the primary and join other Government sponsored

school(s) – a dream-cum-true for them. The School also gives training in Drawing and Art, in performing Arts like recitation, singing, dancing etc. which are now open to children other than those who are absorbed in the primary.

2.3. Objectives:

- *To provide a conducive atmosphere for children through proper schooling, good nutrition and health care, thus protecting them from picking up and using slang, running errands for illegal purposes as also physical abuse and violence of parent's by providing a safe environment for joyous learning.*
- *To involve the parents and guardians in the upbringing of their children through their involvement in non-teaching activities of the School.*
- *A health care module right thru child care through adolescents to adults and the aged that percolates into good and clean living habits.*

2.4. Target Group:

As defined earlier, it involves nearly 1000 families living in the slum areas/unauthorized dwellings.

2.5. Strategy:

The basic strategy is to involve the entire community from children thru adults on to aged with special emphasis on the womenfolk who usually bear the brunt of the social stigma and squalor to which the entire families are subjected to. The approach is to:

- Conduct special awareness programs to have a clean and healthy maternity to the extent needed;
- To persuade the children (both male and female) to go thru the schooling process by getting them admitted to the Suhasini Shishu Niketan run by Kalyania and other Schools in the neighborhood.
- To follow up the career of the students who pass out class four thru adequate incentives;

- To persuade and involve the women folk in various non-teaching activities of the School including the campus cleaning, occasional cooking of mid-day meals for the children, motivating their children to do their home task etc.

This strategy resolves itself into two basic approaches, viz., (i) School with all its supportive activities; and (ii) Vocational training for adolescent and adult women folk in this society.

For the School, the Kalyania had received supplementary support from Asha for Education, Atlanta chapter from 2010 thru 2012 that largely helped in stabilizing the financial aspects in running such an Endeavour. This proposal is directed towards the primary schooling and money earning training for adolescent and adult women folk.

3.1. Requirements for the Project:

3.2. Module I:-. Training in 'Home Nursing':

3.2.1. Vocational: The basic need of these families, other than regular living as a habit, is financial. For this, the women folk need to earn as part-time/full time workers.

It is very difficult to develop yardsticks for rating the holistic methodology that we are adopting on their total impact on the target population. Over the years however, change in their life style, their dress code, their food habits, their nocturnal activities are showing a shift towards betterment although, ill health and famished health are still visible. This perhaps is because the female are not yet earning or earning meagerly and they are not able to/motivated to take our health care services.

However, earning by the women folk is cardinal to total success of this Project. One of the best and assured training that Kalyania renders to train young girls with a semblance of ability to read English is to become 'Ayahs' or 'sevikas'. A more holistic term for this is 'Home Nursing'. The township of Kalyani has a large population of senior citizens, single or married, whose children have left for the greener pastures of the West. Other than money, they need day-to-day care for their physical survival as well as company. These girls undergo a 4-mo training followed by some professional nursing practices thru a tie-up with some of the local Nursing Homes.

We know that this alone won't suffice. But this may prove to be a good beginning while other options of vocational training like sewing, tailoring etc. are explored and proven to be meaningful.

However, such training is often constrained by a lack of covered space. At present the usual practice is to have these classes under a banyan tree in the adjacent park. The Chairman, Kalyani Municipality has very kindly allowed Kalyania the use of this park for multiple purposes. A tinned cover around the banyan tree has been created largely thru the assistance of Asha for Education, Atlanta Chapter.

3.2.2. Goal: Empowering young women for income generation and to meet the demand for home nursing care, especially for the gerentologically advanced, new-borne and the chronically sick.

3.2.3. Objectives:

- To empower young women to generate /supplement their family earning
- Development of proficiency in Home Nursing through
 - managing the gerentologically advanced
 - Developing a proficiency in basics of child care and hygiene.
 - Managing the invalids
 - Holistic home management strategy

3.2.4. Target Group for Training:

It is proposed to train 15-20 women from identified BPL categories per session preferably nominated from different wards of the township of Kalyani. Mechanism of selection will be interviewing candidates with a minimal ability of reading/writing Bengali/English and have sound health or /and through Ward based nominations to be sought.

3.2.5. Proposed syllabi for Home Nursing:

a. Language skills

b. Basics in Home Nursing: i) Body anatomy, ii) Major ailments, iii) Identifying a crisis

iv) Serving a prescription

c. Personality development etc

- i) Pre- and Post-natal care, Practical training at Nursing Homes, Geriatric management,
- (ii) Management of invalids, elementary Physiotherapy, Practice Training in Nursing Homes (NH)
- (iii) Use of simple /essential medical equipments
- (iv) Practical Training in NHs

EXAMS/TESTS

d. Home management

- i. Use of Home appliances
- ii. Use of simple /essential medical equipments
- iii. Primary management of trauma and critical patients
- iv. First aid training
- v. Practical Training in NHs

EXAMS/TESTS

3.2.6. Mode of Implementation:

- The nominated/prima facie selected candidates will undergo a written and oral test for demonstrating their ability to read and write Bengali and English (preliminary)
- The finally selected candidates will undergo a medical check-up
- For first four months there will be one two-hr lecture per day, 3 days a week on curricula to be worked out. The lectures are to be delivered by practicing Doctors as decided by the PC (Total no. of lectures: 50.)
- There will be 2 months practice program, at Kalyania and in prescribed Nursing Homes, to be conducted by paramedics (Total no. of practicals: 20)
- A minimum of 75.0% attendance will be mandatory.
- Successful candidates will be issued certificates of proficiency in '*Sevika training for Home Nursing*' and will be entitled to be hired.

3.3.1. Description of area/School module: We are operating in a BPL (Below poverty line) dominated area, which was, before our intervention, totally neglected. The average family income of the community people was less than Rs. 1000/- and overall it ranged from 500 to 2000 rupees. The community primarily consists of unskilled brick kiln labourers, rickshaw and

van pullers, vendors, some female household help with a sprinkling of the flotsam migrants and vagabonds. Initially, people here had no concern for health and education, and in such cases, especially the children are the worst sufferers.

A Kalyania team initially used to visit these areas for identifying these children, counseling the parents, persuading them to send their children to the School. The able bodied children specially were difficult to be persuaded into the schooling as they were potential wage earners for the families.

The School was started in 2003 with 10 students. Of them 5 have now passed out, class IV and have smoothly been admitted to other Government Schools in Class V.

Now, the parents seem to be fairly motivated and several of them send their children to our School without requiring additional motivation. They also regularly participate in all School-related activities and help keep the Campus clean.

We run one major Primary School as a multipurpose service provider called the **Suhasini Shishu Niketan (SSN)**. The said School has several support Centers:

- (i) The **Kala Kendra**, a Centre for training the young minds to the more aesthetic qualities like drawing and painting.
- (ii) **Centre for Performing Arts** teaching dancing, recitation, singing etc.
- (iii) **The Pathagar** which has grown into a fairly well-stocked Library that not only serve the children of the School but proves useful to the seniors, presently closed due to lack of space.
- (iv) As a means of women's empowerment is the **The Sevika Training Centre** where a handful of young girls are trained in Home Nursing Courses, taking care of the new born or the gerentologically advanced.
- (iv) On-going merit-cum means scholarships programmed for class V-X and class XI-XII needy.
- (v) A **Kalyania Computer Training Centre** which has recently been launched for class IX and advanced students and is likely to be inculcated into junior teaching programme when the set up becomes going. The basic training in computers has now been introduced to class III and IV students of SSN.
- (vi) A **Merit-cum-Means scholarship** was initiate for 5-yr with emolument of Rs.500.00 pm was Instituted two years back for the best passing out student for pursuing studies up to class X thru a corpus donation by a Well Wisher. Now there are 21 such

different fellowships running for specified purposes, all through specific endowments.

Besides, there is a Tutorial Home with arrangement for free tutorial classes to help the students in their home work (as the home of the students does not have any atmosphere for studying) and to acquaint them with some creative exercises through indoor games, quiz games, storytelling etc.

3.3.2. Statistics

Number of children currently enrolled in the project

(i) Suhasini Primary (ii) Kalakendra (iii) Computer Centre (iv) Performing Art Centre

Number	(i)	(ii)	(iii)	(iv)
Ages of the children	4-10 yrs	6-15 yrs	7-40 yrs	6-15 yrs
Standards taught	KGI-CI-IV	Non formal	Basic	Non formal
Number of students	90	150	40	40
Number of girls	48	70%	50%	90%
Number of teachers (Incentive+Voluntary)	12+5	0 +5	03+0	0+08
Number of M teachers	1	03	02	02
Number of F teachers	11	02	01	06
Current T/S ratio	1:6	1: 30	1 : 14	1 : 5
Incentive to paid Teachers :	(Rs.1000/-)			
School timings	8-11.55 hrs	09-11 hrs	Flexi	11-12 hrs
School days	Mon thru Fri	Sun	Thur (Mo, Ev, N)	Sun
Overall % attendance	95	50-95	95	95
Medium of instruction	Bengali at all Centers			

The session 2014-15 to start on April 02, 14

- *Economic background of the parents of the children:* All below poverty line except perhaps some in the Computer Centre that come from lower Middle class

Is the school in a rural or urban area: Semi-urban

- *Is it a residential school ?* No
- *How far away are the homes of the children?* 1-6 km
- *How do the children get to school?* Brought by parents on foot or bicycles mostly
- *School days :* As above

3.3.3. About Budget Proposal: The Primary School is now functioning basically from its own resources thanks to Asha for funding during the teething stages. However, fund crunch lies in two fundamental areas which need to be supplemented. Due to lack of funds we could not provide dress for the children. This is a 'MUST DONE' annual requirement as the children grow up rapidly. The second requirement is also fundamental for which there is again a fund crunch, viz. providing a square meal to children of the primary and the Sunday School of Art, Music, Dance etc. The project proposes fund support from Asha for Education for these two areas for at least another two-to-three years.

- ***Please explain how Asha funds were used in the last installment paid.***

The following tabulated data provides for how the last installment from Asha Foundation for the School for 2011-12, amounting Rs 140992.06 received, sanctioned for construction and maintenance of School, was fully utilized.

Table 1. Asha for Education funds for the year 2012-13: Annual utilization

No	Items	A for E Outlay	Actual expense
1	Staff honorarium	-	192000
2	Free meal expenses	-	120000
3	Book etc	-	20000
4	School uniform etc	-	60000
5	Rentals & Electricity	30000	30000
6	Teaching materials	-	10000

7	Construction:	-	
	(i) Shed under Banyan tree	120000	160000
	(ii) Invertor	10000	15000
	(iii) Benches @ 1500/- ea (Ten No.)	11000	15000
	TOTAL	141000	622000

3.4. Budget for the proposal

A. 'Sevika training* : Per session; Two sessions a year

No	Item detail	Specifications, if any	Allocation (In INR)**
1	Lecturers @ Rs.500/ per lecture (No of lecture 50)	By practicing doctors (Visiting)	25,000/-
2	Practical @ Rs.250/- per class No of practicals : 20	By practicing paramedics	5,000/-
3	Training materials to all trainees @ Rs. 200/- per person	200 X 20	4000/-
4*	Nursing Home charges for practical training	Kalyania liability	20000/-
5*	Distribution of kits to passed out candidates @ Rs.300/- trainee	Asha	6000/-
6.	Administrative cost	Kalyania	10000/-
	TOTAL		70,000
Grand Total (annual) Module A (Asha Component)			: 40000x2 = 80000/-
Do, Kalyania component			: 30000x2=60000/-

B. Budget proposed for Suhasini Sisu Niketan*

No.	Item	Total Outlay(RS)	Share of Kalyania (Rs)	Proposed share of Asha (Rs)
1	Dress for children (ca. 200 sets @ 300/- per set)	60000	20000	40000
2.	Mid-day meals	120000	30000	90000
	Total	180000	50000	130000

- Includes those items where it is proposed that Asha for Education to be involved.

C. Grand Total of proposed Asha for Education's share in implementing the Project per year: $80000 + 130000 = \underline{210000}$

(Two lakhs & ten thousand only per year)

4.0. Certificate: Certified that the Project has been approved by the Governing Body of Kalyania for placement to Asha for Education, Atlanta Chapter, USA or any other related chapters.


(Dr Partha Pratim Dhar)
Project Coordinator
Secretary Kalyania



SEAL of Kalyania


(Chitreshwar Sen)
Project Coordinator
Vice President, Kalyania

GALLERY



The Banyan tree - As it was earlier...



The Banyan tree now with a rain shed in place thru A for E USA Fund...



Dr.B.C.Roy's Birth Day Celebrated by SSN on July 1 - Under Revamped Stage



Maternity Awareness for trained & trainee Ayas - A Monthly Program...around Banyan tree...



Class room furnitures purches from A for E, USA funds...



Invertor purchased from funds received from Asha for Education, USA



KALYANIA Children participate in Republic Day parad...